

15TH ANNUAL SENIOR RESOURCE COUNCIL

Healthy Living Conference

FORMERLY SAFE CONFERENCE



Thursday, Oct 4
8:00am - 1:30pm

Door opens 7:30 a.m.
Check-in 7:30-8 a.m.
Workshops begin 8 a.m.



Crowne Plaza
2886 S. Circle Dr. 80906
Colorado Springs



Highlights Keynote Speaker:

Breakfast Keynote Speaker – Kaiser Permanente's Laughaceuticals
Lunch Keynote Speaker – Mayor Steve Bach

Workshop topics:

- Community Resources
- Current Frauds and Scams
- The Rewards and Benefits of Advocating On Your Own Behalf

Admission is \$5 for Seniors and can be paid by cash or check at the door.

Please RSVP by Sept 21 to reserve a spot.

Lunch is provided!

Call 719.260.0744 to Register

info@srccos.org | www.srccos.org



Centura Health At Home
Medalion Retirement Community
Namaste Alzheimer Center
Penrose-St. Francis Health Services



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