



Couples Conflict Coaching

Separation or divorce may not be the best solution for you if you are struggling in a relationship. Sometimes “therapy” or “counseling” is not a comfortable fit either. Conflict couples coaching offers another alternative for those who are unsure about a permanent breakup or who prefer to continue to work on the relationship. Conflict coaching assists couples or individuals to manage conflict more effectively.

Phoenix Strategies

3730 Sinton Road, Suite 150
Colorado Springs, Colorado 80907
T: 719-266-8181 F: 719-598-8055
W: www.phoenixstrategies.biz

DIVORCE MEDIATION

COUPLES CONFLICT COACHING



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Colorado Springs, CO 80907

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Phoenix Strategies is about relationships. Whether you are thinking of a relationship separation, legal separation or divorce, the issue is about relationship. At one time, you held the dream of a lifetime of happiness together. I once heard a judge say, "Divorce does not belong in the courts. It is a relationship issue". If you have children together, there is an ongoing relationship until death do you part. The relationship just looks, feels and is different. There will be future school events, graduations, births, birthdays, marriages and funerals. So why not lay the best foundation now to work through issues and communication. Allay years of future stress, uncomfortableness, unkindness and pain that may go for years.

PHOENIX STRATEGIES, INC.

719-266-8181, 3730 Sinton Road, Ste. 150, Colorado Springs, CO 80907, customerservice@phoenixstrategies.biz

Conflict is not so much about the dispute itself but how we treat each other.

Peacemaking is our business our only!

Couples or Marital Coaching-Assisting couples or individuals to:

- Identify specific goals and form resolution action plans
- Build relationships
- Address trust
- Improve communication
- Conflict management and assessments



Divorce Mediation-Assisting couples, who wish to separate, legally separate or divorce, to reach agreements that foster goodwill and trust, while meeting their goals and needs. Mediation may occur at any time when couples are having conflict. Mediation can be scheduled before filing papers for divorce, after filing, or any time before or after the final decree. Separation agreements include:

- Financial Issues (Asset Division and Debt Allocation, Taxes)
- Parenting Plans (Parenting time, child support, decision making responsibilities, Maintenance (Also known as spousal support or alimony))

Divorce Coaching-Assisting couples or individuals to reach specific goals as:

- Understanding the divorce process and procedures
- How to best prepare for mediation
- Conflict management through specific issues
- Effective communication